

# Isolation of Beta-Sitosterol, Campesterol and Stigmasterol from Alcea Kurdica Roots Petroleum Extract Using Preparative HPLC<sup>1</sup>

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## ABSTRACT

*Isolation of plants components represents as a main bottleneck step for the discovery of drugs and/or the identification of a template for the discovery of new drugs. Some of these components undergo destruction during separation and isolation techniques, therefore, the selection of appropriate techniques for the separation of these components are very important to avoid the loss of some of the herally derived components. The aim of the present study is to isolate beta-sitosterol, campesterol and stigmasterol from Alcea kurdica roots petroleum extract using Preparative HPLC. Methods: the extraction of the components of the roots of Alcea kurdica was performed using petroleum extraction technique followed by separation of beta-sitosterol, campesterol and stigmasterol using HPLC techniques were used. Results: Peaks of chromatograms of the standards of beta-sitosterol, campesterol and stigmasterol were compared the separated sample for confirmation. Conclusion: the extract contain enough and sufficient outcome of these components (beta-sitosterol, campesterol, and stigmasterol) using HPLC as a separation techniques.*

**Keywords:** *sterol; Alcea Kurdica; beta-sitosterol; campesterol; stigmasterol*

## INTRODUCTION

In plant kingdom, sterols are important plant byproduct involving in maintenance of plasma membrane fluidity and cellular permeability during cellular exposure to stress conditions or any other abnormal metabolic derangements, being a precursors for many steroidal-derived compounds, such as, testosterone, estrogen, glucocorticoids, and mineral corticoids in mammals[1]. The nutritional plants consumed by human represents the main sterol components with a majority of the form of  $\beta$ - sitosterol 65%, campesterol 30%, and stigmasterol 3% of the overall nutritional composition[2]. Researchers has focused on Alcea species because of their antimicrobial potential besides antioxidant, anti-inflammatory and cytotoxic activities, particularly due to flavonoids and other phenolic constituents[3].

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The first official record of *Alcea* (*Althaea*) *Kurdica* in Iraq was done in August 1841, the specimen collected from Gara mountain, and it preserved till now in the herbarium of Royal botanic Gardens, Kew[4]. *Alcea kurdica* were utilized for medical reasons by the extinct Neandarthal people, who are believed to have existed in Iraq around 60000 years ago. Herbs remain in use presently[5]. *Alcea kurdica* leaf and root decoction traditionally used for treating kidney ache, kidney stone and asthma[6]. Although *Alcea kurdica* is native to Kurdistan region and has a historical importance and cultural symbol, there is no previous phytochemical screening nor isolation attempts had been done. However, other *Alcea* species contain a variety of active substances e.g. starch, mucilage, pectin, sucrose, phenolics etc.[7]. As a result of the low concentrations of alkaloids, secondary metabolites isolated from *Alcea* species were found not to exhibit such toxic effects as psychotropic and mind-fogging[8]. Few reports mentioned the presence of sterols;  $\beta$ -sitosterol found in fruits, leaves and seeds of *Althaea rosea*[9]. More sterols isolated from other Malvaceae members,  $\beta$ -sitosterol, campesterol and stigmaterol were determined in *Malva sylvestris* and *Althaea officinalis*[10].

## MATERIALS AND METHODS

**Plants source and collection:** Parts of *Alcea kurdica* were collected in May 2021 from natural fields in Dohuk. Voucher specimen kept at herbarium of pharmacognosy department in pharmacy college - Duhok University. the plant roots were cleaned, washed, sliced and then shade dried at room temperature in well ventilated room for two weeks. The dried roots slices were milled by using mortar and pestle, the resultant powders placed into a well closed container to be ready for extraction process.

**Preparation of extracts:** The phytochemical extraction was performed by Maceration extraction method. This extraction was done by taking 100 gm of dried plant's roots powder and was placed into a well stoppered storage glass bottle then extracted with 500 ml of petroleum ether (40-60 °C). The extraction processes carry on under continuous electro-magnetic stirring for 7 days. the extract collected and the volume was condensed by using rotary evaporator under vacuum at 40 °C then transferred to trays to be totally dried. Obtained extracts were filtered through a cellulose filter (fine pore, 0.45  $\mu$ m) and reconstituted filtrates were properly diluted with the solvent to the required concentrations.

**Isolation and purification of phytosterols by preparative HPLC:** A 0.5gm of sample (plant root hexane fraction obtained by maceration) was dissolved in a minimum quantity of chloroform and injected in to preparative HPLC using :-

acetonitrile: absolute methanol: water (60:30: 10) as a mobile phase (experimental work)

Column: mediterranea C18, 5  $\mu$ m 15 X 2.12 cm.

Flow rate: 5 ml / min.

Injection volume: 1 ml.

Detection: UV. Detector at  $\lambda$  280 nm.(experimental work)

## RESULTS:

Characteristic preparative HPLC traces of phytosterols from *A. kurdica* roots extracts and are shown in Figure 1.

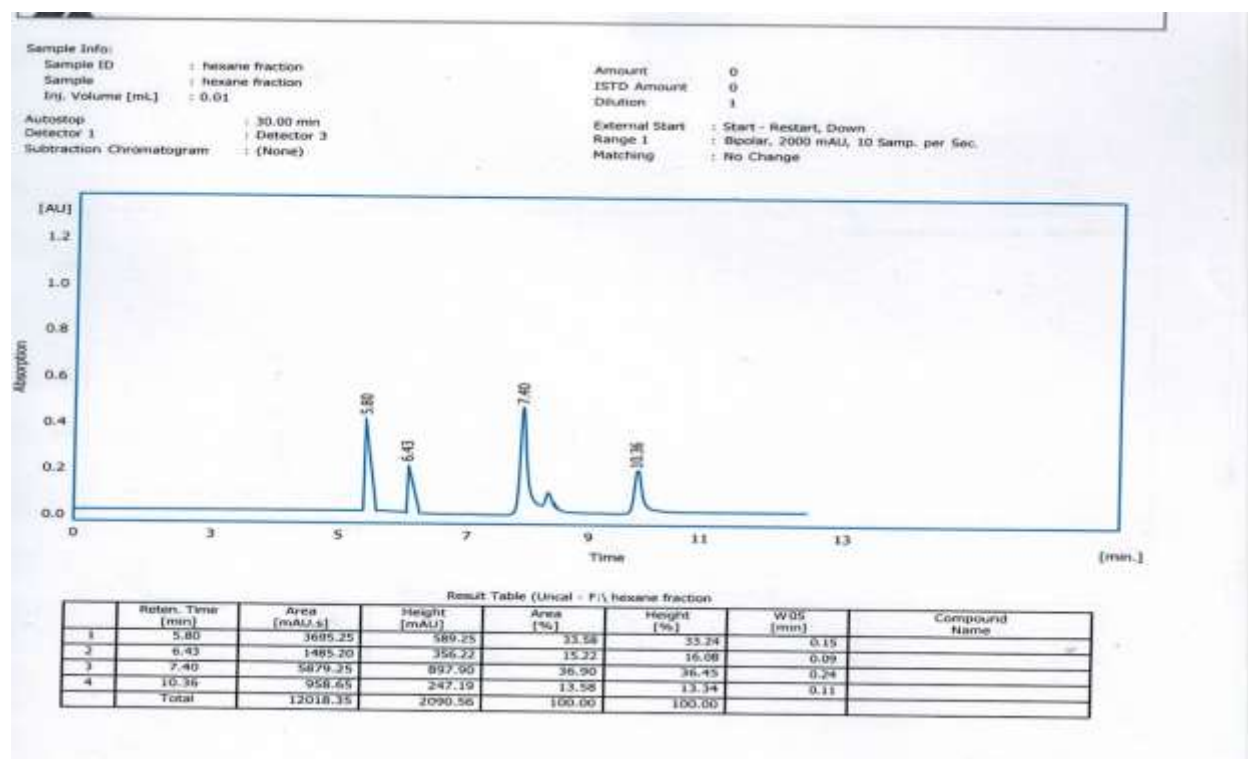
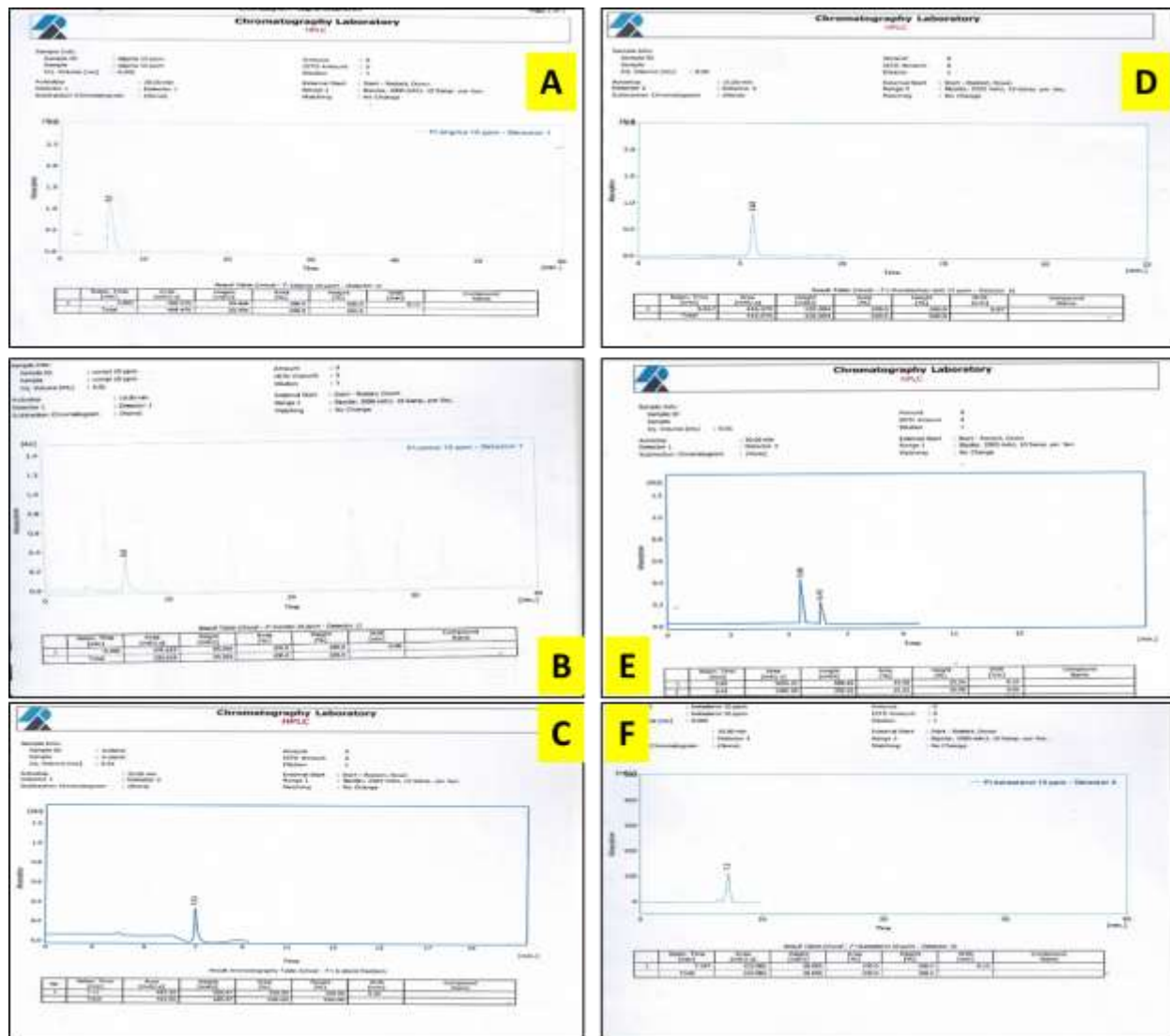


Figure 1. Chromatogram obtained in analysis of Alcia kurdica roots organic extract by preparative HPLC.

Three sterols were identified by comparison with the chromatograms (Figure 2A, B, C) of the standard sterol compounds obtained under similar conditions (Figures 2 D, E, F) shown the chromatograms of stigmasterol ( $R_t=5.6$  min), campesterol ( $R_t= 6.43$ ) and beta-sitosterol ( $R_t=7.13$  min) respectively.



**Figure 2.** Chromatogram of isolated products (A) stigmasterol standard, (B) campesterol standard, (C) beta-sitosterol standard, (D) isolated stigmasterol, (E) isolated campesterol, (F) isolated beta-sitosterol.

## DISCUSSION

The advancement of isolation and separation chromatographic techniques has enabled the investigators to identify the exact components of the *Alcea Kurdica* extract especially HPLC and GC techniques. HPLC separates components under low temperatures permitting separation of heat-sensitive components of *Alcea Kurdica* without or with a minimum destruction especially the separation of sterols[11]. Preparative HPLC was used in this investigation to extract three phytosterols from plants in a very pure form because the chemical and pharmaceutical industries are seeing an increase in the need for manufacture of extremely pure value chemicals in various amounts[12].

The primary phytosterol is  $\beta$ -sitosterol, which can oxidize just like cholesterol to produce  $\beta$ -sitosterol oxides. Due to the presence of sitosterol oxides, this makes the isolation of pure  $\beta$ -sitosterol difficult [13]. Its IUPAC designation is 17(5-Ethyl-6-methylheptane-2-yl)-10,13-dimethyl-2,3,4-,7,8,9,10,11,12,13,14,15,16,17-dodecahydro-1H-cyclopenta[a]. phenanthren-3-ol.

Cinchol, cupreol, rhamnol, quebrachol, and 22:23 dihydro stigmasterol are other names for stigmasterol, along with sitosterin and 3)stigmast-5-en-3-ol[14]. With a lengthy history of use in pharmaceutical products,  $\beta$ -sitosterol is widely regarded as safe and a potential nutritional complement with no harmful side effects[15]. Known herbal medicines for the treatment of benign prostatic hyperplasia and prostate cancer have  $\beta$ -sitosterol in their formula. Moreover, the substance increased cellular levels of enzymatic and non-enzymatic antioxidants, making it a potent anti-diabetic, neuroprotective, and chemoprotective agent[16].

Campesterol is abundant in seeds, nuts, cereals, beans, legumes and vegetable oils . campesterol (24-methylsterol) is similar in structure to cholesterol and similarly metabolized by intestinal bacteria. Due to structural similarity to cholesterol, plant sterols including campesterol have cholesterol-lowering effects[17].

Campesterol can regulate carrier proteins, intestinal cells, and lipid metabolism, including the synthesis and esterification of cholesterol and assembly of lipoproteins[18]. Campesterol was extracted with hexane from *Lansea humilis* stem bark shows antimicrobial and antioxidant activities[19]. Its IUPAC name is (3*S*,8*S*,9*S*,10*R*,13*R*,14*S*,17*R*)-17-[(2*R*,5*R*)-5,6-dimethylheptan-2-yl]-10,13-dimethyl-2,3,4,7,8,9,11,12,14,15,16,17-dodecahydro-1*H*-cyclopenta[a]phenanthren-3-ol[20].

Although structurally identical to sitosterol, stigmasterol varies from this owing to a double bond that is created at position C-22 by the sterol C-22 desaturase[21]. Chemically, stigmasterol is (3*S*, 8*S*, 9*S*, 10*R*, 13*R*, 14*S*, 17*R*) -17-[(E, 2*R*, 5*S*) (E, 2*R*, 5*S*) [-5-ethyl-6-methylhept-3- en-2-yl] 3, 4, 7, 8, 9, 11, 12, 14, 15, 16, and 17 -10, 13-dimethyl -dodecahydro-1Hcyclopenta[a] After being isolated, phenanthren-3-ol was detected using reactions such as the Salkowski and Liebermann Burchard reaction[22].

The antioxidant properties of the stigmasterol found in the bark of *Butea monosperma* were demonstrated by a reduction in hepatic lipid peroxidation and an increase in catalase, superoxide dismutase, and glutathione activities[23].

This method gave a quick and accurate analysis of the sterols present in the organic roots extract of *A. kurdica*. Different members of Malvaceae family gave positive results when tested for the presence of sterols including *Abelmoschus cailei*, *Hibiscus asper*, *H. rosa-sinensis*, *H. sabdariffa*, *H. schizopetalus*, *Malvaviscus arboreus*, *Sida acuta* and *Sida rhombifolia*[24]. However, no data found about the nature of sterols in *Alcea kurdica* species , we were able to detect  $\beta$ -sitosterol, campesterol and stigmasterol in the roots of *A. kurdica*. The results shared similarities with other species of *Alcea* genus as in *Althaea rosea* which contains  $\beta$ -sitosterol and stigmasterol in its flowers, leaves and seeds[25]. Other *Alcea* species containing sterols are *Althaea armeniaca* & *Althaea nudiflora*[26].

## CONCLUSION

HPLC techniques has revealed an important method for separation of the  $\beta$ -sitosterol, campesterol and stigmasterol from petroleum extract of the roots of *Alcea kurdica*.

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**Conflict of Interest:** None

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